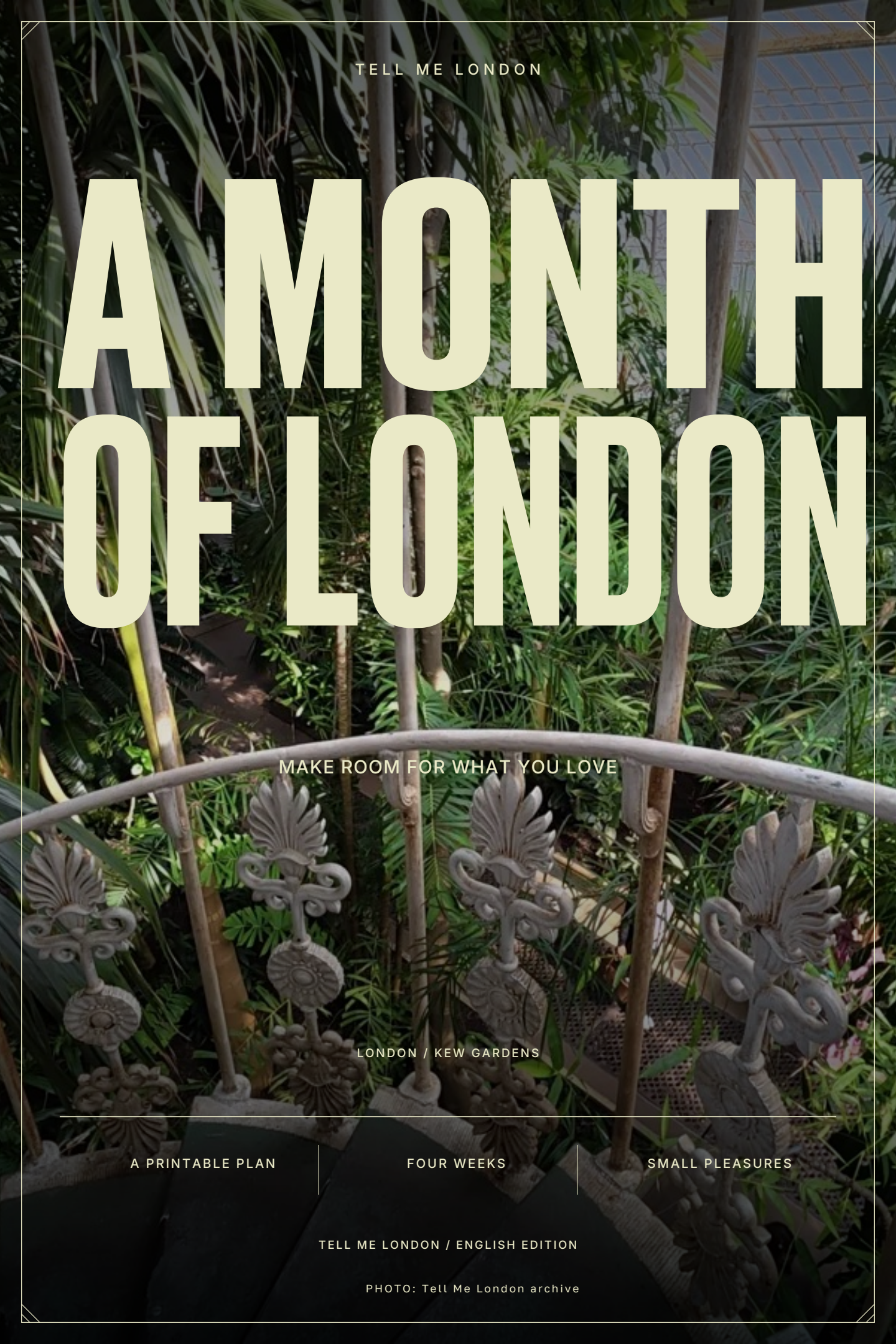

TELL ME LONDON

A MONTH OF LONDON

MAKE ROOM FOR WHAT YOU LOVE

LONDON / KEW GARDENS

A PRINTABLE PLAN | FOUR WEEKS | SMALL PLEASURES

TELL ME LONDON / ENGLISH EDITION

PHOTO: Tell Me London archive

How I want to remember it

A gentle balance: aim for a walk, a meeting and a new place during the working week when you can. Small steps are enough.

YOUR MONTH



MONTH / YEAR

THREE WORDS FOR THE MONTH

ONE BIG THING I WILL MAKE TIME FOR

HOW I WANT TO FEEL AT THE END

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Four weeks, four outings

Write one or two plans per week. Leave room for something spontaneous.

YOUR MONTH



WEEK 1

WEEK 2

WEEK 3

WEEK 4

A SPONTANEOUS IDEA IF I FEEL LIKE IT

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What makes up my month

YOUR MONTH



WALKS AND NATURE

SPORT AND MOVEMENT

FRIENDS AND MEETING PEOPLE

MUSEUMS, EXHIBITIONS AND CULTURE

TRIPS AND DAYS OUT

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Wishlist and reflections

For ideas and company, check our guides and current community announcements. Plans and budgets are yours to choose; the paid Club is still in preparation.

YOUR MONTH



LONDON WISHLIST: SOMETHING I HAVE WANTED TO DO

MY FUN BUDGET (£) AND WHAT IT IS FOR

AT THE END OF THE MONTH: WHAT WAS BEST?

WHAT WILL I REPEAT NEXT MONTH?

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