
TELL ME LONDON
FIND
YOUR PEOPLE
SKIP THE AWKWARD NETWORKING
LONDON / TAKE THE SIDE STREET
12 FORMATS
SHARED INTERESTS
EASY BEGINNINGS
TELL ME LONDON / ENGLISH EDITION
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Start with something to do



LONDON / TAKE THE SIDE STREET



Evening on the Thames

01 · Hobby groups

Pottery, drawing, knitting and photo walks. Your hands are busy and you already have a subject to discuss.
Why try it: A shared task makes a quiet moment feel less awkward.

02 · Run clubs and park sport

Try a local run group, a park yoga class or parkrun; check registration and arrangements first.
Why try it: Repeated meetings give you a chance to recognise people.

03 · Book groups

Libraries, bookshops and cafes host groups focused on a book rather than introductions about yourself.
Why try it: There is a ready-made subject, so less need to invent small talk.

04 · Language exchanges

Conversation meetings are designed for people to talk and practise.
Why try it: Being a little unsure is part of the format.

05 · Volunteering

Festivals, charity shops, community gardens and running events offer shared tasks.
Why try it: Working towards something gives a group a reason to act as a team.

06 · Board games and pub quizzes

Weekday quizzes and game nights at bars can be places to join a team. Check how newcomers are seated.
Why try it: The game gives you a reason to speak and something to enjoy together.

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Six more ways to try



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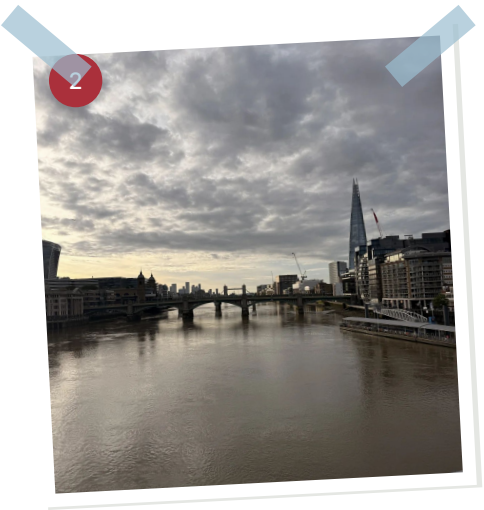

Evening on the Thames

07 · Hiking and walking groups

Weekend outings beyond the city, with a route and a group to follow.
Why try it: A few hours side by side can allow conversation without a formal introduction.

08 · Workshops

Cooking, candles, coffee skills and pottery, often in a short session.
Why try it: A time-limited activity can feel easier to try on your own.

09 · Beginner dance classes

Salsa, bachata or swing: check the level and whether partners rotate.
Why try it: A shared activity gives the conversation a starting point.

10 · Interest-based communities

Relevant Telegram communities and Meetup groups.
Why try it: People arrive with an interest already in common.

11 · Courses and evening classes

Languages, art or local history, with the same faces returning each week.
Why try it: Regular contact gives connections time to develop.

12 · Shared tables and dinners

Social dinners and supper clubs that welcome newcomers.
Why try it: A meal and a format designed for strangers can make conversation easier.

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Repetition, not charisma



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Evening on the Thames

Adult friendships often grow from the same place, familiar faces and a small next step such as 'Coffee afterwards?'. You do not have to be the life of the party. Choose a format you like and, if it feels comfortable, try returning a few times before deciding.

Our current community programme may include walks, picnics, museums, food outings and games. Check Telegram for the actual announcements and whether a session welcomes newcomers. The paid Club membership is still in preparation. You can begin with a free guide and one small invitation.

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